

## **BRAT Club Code of Conduct**

### **Introduction**

BRAT Club is committed to maintaining the highest possible standards of behaviour and conduct at all athletics, triathlon, duathlon and related multi-sport events.

BRAT Club 'Code of Conduct' summarizes the essence of good ethical conduct and practice within the sport.

Individuals have a responsibility to act with integrity, in accordance with the standards set by BRAT Club below. Any discriminatory, offensive and violent behaviour is unacceptable and complaints will be acted upon under the procedures of our **Safeguarding and Protecting Children Policy**.

### **Code of Conduct for Parents**

- Respect the rights, dignity and worth of every person, within the context of the Sport and treat everyone equally.
- Encourage your child to follow the **BRAT Club "Code of Conduct for Junior Members"** and learn the rules of their chosen sport and compete within them.
- Teach your child to respect the event officials, accept their judgements and abide by their instructions, providing they do not contradict the spirit of this code.
- Support your child's involvement and help them to enjoy their sport; help your child to recognise good performance, not just results to avoid undue disappointment and never punish or belittle a child for losing or making mistakes.
- Remember that young people learn best by example; applaud all good performance, whether by your child or by another and use correct and proper language at all times.
- Recognise the value and importance of volunteers, coaches, referee's and event organisers – it is their time and dedication that keeps the Sport alive.
- Young people are involved in organised sport for their enjoyment – so do not place undue pressure on your child to perform, participate or compete.
- Return any necessary written consent forms including emergency contact details, health and medical requirements before your child participates in BRAT sessions or organised events and provide any necessary medication that your child needs.
- Never make assumptions about your child's safety; assume responsibility for safe transportation to and from training and competition and know exactly where your child will be and who they will be with at all times.
- Report any concerns you have about your child's or any other child's welfare to the Club or Regional Welfare Officer (This does not affect your right to contact your local social services or the police if you feel it is necessary).
- Members under the age of 16 are not permitted to take part in adult sessions. In exceptional circumstances the BRAT Club Junior Coaching Committee will review individual cases following recommendation from a Level 2 or Level 3 coach.

### **Code of Conduct for Junior Members**

- Treat each other and the coaches with respect and follow the coaches' instructions at all times.
- All members must compete within the rules and respect officials and their decisions.
- Be ready to start each activity on time; members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Act safely with yourself and others in mind.
- High sugar snacks or fizzy drinks are not allowed during training sessions. Sound nutrition choices; unsweetened fruit juices or water and fruit as snacks set the tone for our chosen lifestyle.
- Avoid destructive behaviour and keep training and competition areas clean, tidy and free from litter.
- Members must wear suitable kit for training and events and take responsibility for their own equipment.
- Always thank the coaches and officials who enable you to participate in your chosen sport.

**Failure to follow this code of conduct will not be tolerated; unacceptable behaviour will result in time out from the activity.**

**Members must report any accidental injury, distress, misunderstanding or misinterpretation to your parents/carers and BRAT Club Welfare officer as soon as possible.**

**Welfare, safety and accident reporting:** We take the welfare and safety of our club members seriously. Contact [secretary@bratclub.co.uk](mailto:secretary@bratclub.co.uk) This e-mail address is being protected from spambots. You need JavaScript enabled to view it . British Triathlon's lead Child Protection officer is Rob Bishop [robbishop@britishtriathlon.org](mailto:robbishop@britishtriathlon.org) This e-mail address is being protected from spambots. You need JavaScript enabled to view it , 07739 526 562